

Selection policy for attendance at the Deeside Training camp.

Date; The camp will run from 20th – 27th July 2013

Eligibility; The Camp is for M/W16's born in 1997 and M/W15's born in 1998.

Numbers; The camp will be for a maximum of 16 athletes

Criteria; Athletes wishing to be selected will have achieved the standards set out below in the following races;

Midland Championships	2013	(3 rd Feb)
LOC Level B event at Graythwaite		(14 th April)
JK Day 2	2013	(30 th March)
JK Day 3	2013	(31 st March)
British Middle Distance Champs	2013	(21 st April)
British Long Distance Championships	2013	(4 th May)

Standard for selection; Athletes wishing to be selected will have achieved 125% or less of the winner's time as averaged over three of the above races.

If there are more than the maximum number for the camp who have achieved the required standard then those with the lowest averages (behind the winner(s)) will be selected.

The selectors may choose not to fill all available places if there are insufficient qualified athletes.

Those who attended the Kincaig 2012 camp will not be eligible, nor will those who attended the Cairngorm camp in 2012 or are in the GB Talent Squad in 2012-13.

The tour selectors;

The tour athletes will be selected by Susan Marsden (Chair), Pauline Olivant and Sue Roome.

Illness or Injury;

All cases of illness or injury which may affect an athlete's ability to compete in one of the above selection races should be notified in writing to the athlete's Regional Squad coordinator prior to the running of that race, clearly explaining the reasons for their failure to compete. The Regional Squad coordinator will make the Selectors aware of such notifications.